

**SESET-F1**

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| Foundation Biology-1      | The Ever-Evolving World of Science, Life Processes-Nutrition in Animals, Respiration in Animals, Transportation in Animals, Excretion in Animals   |
| Foundation Physics-1      | Electricity : Circuits and their Components, Heat Transfer in Nature, Measurement of Time and Motion   |
| Foundation Chemistry-1    | General Chemistry, Exploring Substances: Acidic, Basic, and Neutral, The World of Metals and Non-metals  |
| Foundation Mathematics-1  | Large Numbers Around Us, Number Play, Arithmetic Expressions, Working with Fractions.  |
| Foundation Mathematics-2  | A Peek Beyond The Point, Rational Numbers, Parallel and Intersecting Lines, A Tale of Three Intersecting Lines.  |
| Foundation SST-1          | History: New Beginnings: Cities and States, The Rise of Empires, The Age of Reorganisation, The Gupta Era: An Age of Tireless Creativity, How the Land Becomes Sacred<br>Geography: Geographical Diversity of India, Understanding the Weather, Climates of India<br>Civics: From the Rulers to the Ruled: Types of Governments, The Constitution of India - An Introduction<br>Economics: From Barter to Money, Understanding Markets   |
| Foundation English-1      | Section A (Grammar): Grammar Recap, Nouns, Pronouns, Adjectives, Verbs & Tenses, Modals, Articles and Determiners, Active and Passive Voice, Punctuations.<br>Section B (Vocabulary): Synonyms and Antonyms, One word substitution.<br>Section C (Writing): Letter Writing, Notice Writing.<br>Section D (Comprehension): Reading Comprehension.   |
| Foundation Mental Ability | Verbal : Series, Coding & Decoding, Analogy, Classification, Number, Ranking & Time Sequence Test, Alphabet Test, Alpha Numeric Sequence Puzzle, Direction Sense Test, Logical Venn Diagram, Inserting The Missing Character, Mathematical Operations , Logical sequence of words, Blood Relation, Sitting Arrangement.<br>Non Verbal : Series, Mirror and Water Images, Analytical Reasoning, Dot Situation, Spotting out the Embedded Figures, Analogy, Classification, Dice & Cubes, Paper folding and Paper Cutting, Completion of Incomplete Pattern, Figure Matrix, Figure Formation, Construction of Squares & Grouping of Identical Figures. |

**SESET-F2**

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| Foundation Biology-2     | Life Processes in Plants, Adolescence: A Stage of Growth and Change  |
| Foundation Physics-2     | Light: Shadows and Reflection, Earth, Moon and the Sun   |
| Foundation Chemistry-2   | Changes Around Us: Physical and Chemical, Wastewater Story   |
| Foundation Mathematics-3 | Comparing Quantities, Rational Numbers, Practical Geometry, Perimeter & Area   |
| Foundation Mathematics-4 | Algebraic Expressions, Exponents and Powers, Symmetry, Visualising Solid Shapes  |
| Foundation SST-2         | History: Tribes, Nomads And Settled Communities, Devotional Paths to The Divine, The Making of Regional Cultures, Eighteenth-Century Political Formations.<br>Civics: Growing up As Boys And Girls, Women Change The World, Understanding Media, Markets Around Us, A shirt In The Market<br>Geography: Human Environment Interactions, The Tropical and The Subtropical Region, Life in The Deserts |
| Foundation English-2     | Section A (Grammar): Subject Verb Agreement, Direct and Indirect Speech, Conjunctions, Adverbs, Phrases & Clauses, Prepositions.<br>Section B (Vocabulary): Best Word Vocabulary, Idioms and Phrases.<br>Section C (Writing): Message Writing, Diary Entry<br>Section D (Comprehension): Reading Comprehension, Error Spotting   |

**Notes :**

1. Foundation Sets (F1 & F2) are specially designed as per CBSE (NCERT) pattern which leads to excellent performance of students at school level studies.
2. The Study Material Syllabus may Change in Special Cases.

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