

PRE-NURTURE & CAREER FOUNDATION (PNCF) SELF EVALUATION TEST SCHEDULE & SYLLABUS [Academic Session : 2026-27]

Test No.	Test Date	Test Type	Test Type	Foundation - TARGET : CLASS 7						
				Physics	Chemistry	Biology	Maths	English	SST	Mental Ability
1	07/06/2026	Minor Test - 1	Objective	ELECTRICITY:CIRCUITS AND THEIR COMPONENTS: Introduction Electric charge Static electricity Current electricity, Electric current Conductors and Insulators	General Chemistry	The Ever- Evolving World of Science	Large Number Around Us, Number Play	Nouns, Pronouns, Synonyms and Antonyms	Geographical Diversity of India, New Beginnings: Cities and States, From Barter to Money	Verbal Series, Non Verbal Series, Alphabet Test
2	21/06/2026	Minor Test - 2	Objective	ELECTRICITY:CIRCUITS AND THEIR COMPONENTS: Electric circuit Symbols of electric components Cell and Battery Electric bulb A torchlight Hazards of electricity Conserve electricity	Exploring Substances: Acidic, Basic, and Neutral; (Introduction, Acids, Acid rain, Bases)	Life Processes, Nutrition in Animals (Introduction, Nutrition in Animals, Nutrition in amoeba, Digestive system in humans upto stomach)	Arithmetic Expressions	Adjectives, One Word Substitution	Understanding the Weather , The Rise of Empires	Coding & Decoding, Mirror & Water Images
3	12/07/2026	Minor Test - 3	Objective	HEAT TRANSFER IN NATURE: Heat Sources of heat Application of heat transfer in daily life Transfer of heat, Heat conductors Convection Radiation Water cycle Seepage of water beneath the earth, Ice stupa	Exploring Substances: Acidic, Basic, and Neutral; (pH Scale and Indicators, Neutralisation, Salts)	Nutrition in Animals (Digestive system in humans, Digestive system in ruminants, Digestive system in birds), Respiration in Animals (Introduction, Respiration, Breathing, Breathing organs in animals)	Working With Fractions, A peek Beyond The Point	Verbs and Tenses, Modals,	Climates of India, The Age of Reorganisation	Verbal & Non Verbal Analogy, Verbal & Non Verbal Classification
4	02/08/2026	Minor Test - 4	Objective	MEASUREMENT OF TIME AND MOTION: Introduction, Position and reference point, Understanding motion, Distance and displacement	The World of Metals and Non-Metals; (Introduction, Physical properties of metals and non-metals)	Respiration in Animals (Human Respiratory System), Transportation in Animals (Introduction, Transportation in animals, Circulatory system, Blood, Blood vessels)	Rational Numbers, Parallel and Intersecting Lines	Articles and Determiners	The Gupta Era: An Age of Tireless Creativity, How the Land Becomes Sacred, Understanding Markets	Number, Ranking & Time sequence Test, Alpha-Numeric Sequence Puzzle, Logical Sequence of words
5	09/08/2026	Minor Test - 5	Objective	MEASUREMENT OF TIME AND MOTION: Speed and velocity, Uniform and non uniform motion, Measurement of time, History of measuring time, Simple pendulum, Graphical representation of motion	The World of Metals and Non-Metals; (Chemical properties of metals and non-metals, Uses of metals and non-metals)	Transportation in Animals (Heart, Blood Circulation, Heart beat and pulse), Excretion in Animals	A Tale of Three Intersecting Lines	Active and Passive Voice, Punctuations	From the Rulers to the Ruled : Types of Governments, The Constitution of India : An Introduction	Direction Sense Test, Logical Venn Diagrams, Dot situation
6	23/08/2026	Major Test - 1	Subjective	NA	NA	NA	Full Syllabus Set-1	NA	NA	NA
7	30/08/2026	Major Test - 2	Subjective	Full Syllabus Set-1	Full Syllabus Set-1	Full Syllabus Set-1	NA	NA	NA	NA
8	06/09/2026	Major Test - 3	Subjective	NA	NA	NA	NA	Full Syllabus Set-1	NA	NA
9	13/09/2026	Major Test - 4	Subjective	NA	NA	NA	NA	NA	Full Syllabus of Set-1	NA

Important Note: THE DATES FOR THE REMAINING TESTS BASED ON FOUNDATION-2 SYLLABUS WILL BE ANNOUNCED LATER.

NOTE:

1. MINOR TEST WILL BE BASED ON OBJECTIVE PATTERN, MAJOR TEST WILL BE BASED ON SUBJECTIVE PATTERN.

2. SELF EVALUATION TEST PAPERS WILL BE AVAILABLE IN DOWNLOADABLE & PRINTABLE FORMAT.