

NSET-F1 (Foundation Set-1)

Foundation Biology-1	The Fundamental Unit of Life, Tissues, Improvement in Food Resources
Foundation Physics-1	Motion, Force and Laws of Motion, Gravitation
Foundation Chemistry-1	Matter In Our Surroundings, Is Matter Around us Pure
Foundation Mathematics-1	Number System, Polynomials, Introduction to Euclid's Geometry
Foundation Mathematics-2	Lines and Angles, Triangles, Coordinate Geometry, Heron's Formula
Foundation SST-1	History: The French Revolution, Socialism in Europe and The Russian Revolution. Geography: India Size And Location, Physical Features of India, Drainage Economics: People as Resource Civics: What is Democracy?, Why Democracy?, Constitutional Design.
Foundation Supplement SST	History: Forest Society and Colonialism, Pastoralists in the Modern world Geography: Natural Vegetation and Wildlife. Economics: The Story of Village Palampur.
Foundation English-1	Section A (Grammar) : Tenses, Subject-Verb Concord, Modals, Reported Speech, Articles & Determiners, Integrated Grammar Exercises Section B (Writing) : Descriptive Paragraph (Person), Diary Entry, Story Writing Section C (Literature) : Figures of Speech BEEHIVE : The Fun They Had, The Road Not Taken, The Sound of Music, Wind, The Little Girl, Rain on the Roof, A Truly Beautiful Mind, The Lake Isle of Innisfree, The Snake and the Mirror MOMENTS : The Lost Child, The Adventures Of Toto, Iswaran the Storyteller, In the Kingdom of Fools
Foundation Mental Ability-	Verbal : Series, Coding & Decoding, Analogy, Classification, Number, Ranking & Time Sequence Test, Alphabet Test, Alpha Numeric Sequence Puzzle, Direction Sense Test, Logical Venn Diagram, Inserting The Missing Character, Mathematical Operations, Logical sequence of words, Blood Relation, Sitting Arrangement, Arithmetical Reasoning. Non Verbal : Series, Mirror and Water Images, Analytical Reasoning, Dot Situation, Spotting out the Embedded Figures, Analogy, Classification, Dice & Cubes, Paper folding and Paper Cutting, Completion of Incomplete Pattern, Figure Matrix, Figure Formation, Construction of Squares & Grouping of Identical Figures

NSET-F2 (Foundation Set-1)

Foundation Physics-2	Thrust and Pressure, Work and Energy, Sound
Foundation Chemistry-2	Atoms And Molecules, Structure of the Atom
Foundation Mathematics-3	Linear Equations in Two Variables, Quadrilaterals, Area of Parallelograms & Triangles, Surface Area & Volume
Foundation Mathematics-4	Circles, Statistics, Probability
Foundation SST-2	History: Nazism and the Rise of Hitler. Civics: Electoral Politics, Working of Institutions, Democratic Rights. Geography: Climate, Population. Economics: Poverty as a Challenge, Food Security in India.
Foundation English-2	Section A (Grammar): Integrated Grammar Exercises Section B (Writing): Descriptive Paragraph, Story Writing Section C (Literature) : BEEHIVE: A Legend of the Northland, My Childhood No Men Are Foreign, Reach For The Top, On Killing A Tree, Kathmandu, A Slumber Did My Spirit Seal, If I Were You MOMENTS: The Happy Prince, The Last Leaf, A House is Not A Home, The Beggar

Notes:

1. Foundation Sets (F1 & F2) are specially designed as per CBSE (NCERT) pattern which leads to excellent performance of students at school level studies.
2. The Study Material Syllabus may Change in Special Cases.

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